2018 be well
Benefits and Wellness Education Series

**January**
- 1/11 – Smoking Cessation
- 1/17 – Student Loan Forgiveness
- 1/24 – First Time Homebuyer
- 1/30 – Estate & Inheritance Planning

**February**
- 2/7 – Caring for Aging Parents
- 2/15 – Summer Camp EXPO

**March**
- 3/6 – Understanding Mental Health
- 3/13 – Work-Life Balance
- 3/28 – Education Assistance

**April**
- 4/25 – Bank at Work Day

**May**
- 5/9 – Smoking Cessation
- 5/23 – Deskercises

**June**
- 6/6 – Education Assistance
- 6/13 – Health Cooking Demo
- 6/19 – Leaves of Absence

Register at www.ohr.gatech.edu/be-well